Week Two: Peace

Theme Verse
Philippians 4:6-9

Challenge
The Peace Jar

Step One: Place an empty jar in the center of the table.

Step Two: Give each family member slips of paper.

Step Three: Have everyone write down one thing causing them stress, fear, or worry.

Step Four:Take turns sharing.

Step Five: Pray specifically over each concern as a family.

Step Six: Fold the papers and place them in the Peace Jar.

Step Seven: Throughout the week, whenever someone feels anxious, remind them: "It's in the Peace Jar. We've already given it to God."

Step Eight: At the end of the week, dispose of the papers together.

Family Discussion
1. Why is it hard to give our worries to God?
2. What happens when we trust Him with our concerns?
3. How can we bring peace into situations around us?

Weekly Checklist
☐ Watch the video and discuss in the following format:
Upward: what does this text tell us about God? **Inward:** what does this text tell us about us?
Outward: how can I apply this text to impact others?

☐ At least **one hour** of quality family time. (no phones, screens, earbuds etc.)

Daily Verses

Monday	Tuesday	Wednesday	Thursday	Friday
John 14:27	John 16:33	Romans 8:6	Isaiah 26:3	Romans 12:18

Daily Checklist

Monday
☐ Pray together.
☐ Discuss the verse of the day.

Tuesday
☐ Pray together.
☐ Discuss the verse of the day.

Wednesday
☐ Pray together.
☐ Discuss the verse of the day.

Thursday
☐ Pray together.
☐ Discuss the verse of the day.

Friday
☐ Pray together.
☐ Discuss the verse of the day.