Week Seven: Gentleness

Theme Verse
John 8:1-11

Challenge
Promise Keeper

Step One: Play the Egg Toss Challenge outdoors.

Step Two: Begin close together and take one step back after each successful toss.

Step Three: Discuss how gentleness protects something valuable.

Step Four: After the game, challenge each family member to use only gentle words for the next hour.

Step Five: Encourage everyone to notice how they speak and respond to others.

Family Discussion

1. Why is gentleness often mistaken for weakness?
2. How did Jesus show gentleness?
3. How can our words become more gentle?

Weekly Checklist

☐ Watch the video and discuss in the following format:
Upward: what does this text tell us about God? **Inward:** what does this text tell us about us?
Outward: how can I apply this text to impact others?

☐ At least **one hour** of quality family time. (no phones, screens, earbuds etc.)

Daily Verses

Monday	Tuesday	Wednesday	Thursday	Friday
Ephesians 4:32	Colossians 3:12	Romans 2:4	1 John 3:16-17	Titus 3:4-5

Daily Checklist

Monday

☐ Pray together.

☐ Discuss the verse of the day.

Tuesday

☐ Pray together.

☐ Discuss the verse of the day.

Wednesday

☐ Pray together.

☐ Discuss the verse of the day.

Thursday

☐ Pray together.

☐ Discuss the verse of the day.

Friday

☐ Pray together.

☐ Discuss the verse of the day.